

one way fares start from... **£10** Standard Class Direct to and from London (with one popular stop back easy)

**Doncaster Free Press**



Join the Doncaster Free Press Reader Panel

News Sport Lifestyle Community

Log in Register Find It Jobs Property Motors Announcements

Sunday 13 March 2011  
You are here [News](#)

## Hypnotherapist carrying out life changing work



Susan Lawrence has become one of the first in the country to achieve a new national standard of excellence for her therapy. Picture: Holly Allen.

Published on Monday 28 February 2011 17:37

A DONCASTER hypnotherapist has become one of the first in the country to achieve a new national standard of excellence for her work.

Susan Lawrence, 46, of Peace of Minds has been registered by the Complementary and Natural Healthcare Council (CNHC), the UK regulator for complementary healthcare which is sponsored by the Department of Health.

The recognition places her at the forefront of a national drive to provide a benchmark for standards and safety and make hypnotherapy more readily available in health centres, clinics, doctors' surgeries and hospitals.

Susan, who has an office in Bennethorpe, said: "Achieving registration is not only great news for me and my clients, but a vital step for hypnotherapy."

"This is the time of year when many people are struggling to keep up their new year resolutions and are actively looking to find a regulated therapist. The most popular uses for hypnotherapy are around stress, post-traumatic stress disorder, fears, digestive conditions, weight control and addictive behaviours such as smoking and alcohol abuse."

Susan, who i was a non-believer in the treatment herself until she started to train, says the results of the sessions can be life changing.

Susan added: "Hypnotherapy is nothing like stage hypnosis that you see Paul McKenna do and it is used for most clinical conditions with great success."

"For example, I have recently treated a young man with Asperger's Disease and although I can't change his genetic make-up, I have managed to control his symptoms to allow him to lead as relatively normal life as possible."

"It's very relaxing and most people's conditions or problems can be cured in just one session."

Susan, who also has offices in Sheffield and near her home in Wrayby near Bigg, is also in the process of organising a group hypnosis session in the very near future for weight loss where the profits will go to a local charity. She is keen to offer ex-servicemen and women treatment to deal with post-traumatic stress free of charge.

For further information please contact Susan on 07943 728 851 or e-mail her [susan@peaceofminds.co.uk](mailto:susan@peaceofminds.co.uk)

SHARE Email to a friend Print this page

**Comments**  
There are 2 comments to this article

Order by: [Newest first](#) | [Oldest first](#)

Page 1 of 1 [1](#) Show all

**The Fixer**  
Tuesday, March 1, 2011 at 10:50 AM  
"Can't agree more with Sportman - the CNHC has no or very little support and funding and in about 34 weeks, it would seem they are a bit short on the "trades" and consequently willing to take anyone into their membership who will pay a few quid for a worthless certificate... money which might have been better spent on something worthwhile... the article states "Susan Lawrence has become one of the first in the country to achieve a new national standard of excellence" unfortunately the standards seem to have been set by itself! As a practising hypnotherapist I think this is appalling and not something that any genuine, client centric, professional hypnotherapist out to get involved with."

**Sportman**  
Tuesday, March 1, 2011 at 10:13 AM  
"Very difficult to understand why someone at Susan's level would join CNHC. CNHC is a very poorly supported voluntary regulator - powerless to enforce any standards with no influence on national standards. The National Standards are the Government Sector Skills Council published document, the National Occupational Standards. The CNHC was set up in opposition to the existing GRCCT and does not follow the standard structure used by every other regulator in the UK. The grant funding used to start the CNHC finishes at the end of this month and so few people have joined that it is doubtful that it will be able to continue as a regulator. They were told this week that their request to register Herbal Medicine practitioners had been declined by the government as in a desperate attempt to raise cash they attempted to register Swimming Pool Attendants as 'Sports Therapists'. What is next, some Shamanic Gong Bangers to join their 100 Yoga Therapists? Not a membership certificate I would hang on my wall."

Order by: [Newest first](#) | [Oldest first](#)

Page 1 of 1 [1](#) Show all

**Your view**  
Please [sign in](#) to be able to comment on this story.

Ford Direct

**The Food**  
The Food Hall hosts a tasty array of food and drink, Cheese, Meats, Cakes, Pastries, Wine and Beer, always a popular call

Popular | Most comments | Most shared

- Doncaster fence crash driver bailed
- Can we hold on to Billy?
- Boy hurt in Bally Hill and run
- Barrow and several Euro stream
- Club fears for future after thieves strike

**Find it.**  
Search for: (Plumber, Taxi, McDonalds...)

Where? (town, county etc.)  
Doncaster

In association with QYPE Search

Looking for...

**Featured advertisers**

- MRS DEWAR**  
GROUNDCOVER  
Landscaping, Drives, Paths, Paving, Blockpaving
- Karibene Service**  
(Doncaster) Ltd  
Bowkett, Mr Frank  
FRANK BOWKETT  
Pumpers & Heating  
Installation Service & Reps
- E King**  
Brand New Henry from Henry 17. This super will touch to
- AAG Electrical**  
AAG Electrical  
Electrical Domestic  
Electrics From Light switches

**Jobs**  
**Motors**  
**Property**

**ATHERTON GODFREY**  
**Medical Negligence Lawyers**  
**Call us NOW 01302 320621**  
www.atherfongodfrey.co.uk

### Weather for Doncaster

Sunday 13 March 2011 [5 day forecast](#)

**Today** **Tomorrow**

**Light rain**  
Temperature: 9 C to 9 C  
Wind Speed: 13 mph  
Wind direction: West

**Cloudy**  
Temperature: 9 C to 9 C  
Wind Speed: 12 mph  
Wind direction: North east

### Jobs in Doncaster

Find your perfect job in Doncaster today

**Motors in Doncaster**  
Thousands of used cars in your local area on Motors Today

### Send a special message

Book a birthday message, congratulations or online team event

**Get the best deals**  
We've compared financial products to give you more for your money

### Family Announcements

Browse our family announcements and leave your own messages

**Business Travel Insurance**  
Traveling overseas for business? Make sure you and your equipment are protected

### Find a property in Doncaster

Property Today has one of the biggest choices in Doncaster

**Looking for someone special?**  
Thousands of single people in your local area are online now!

### Ads by Google

**Hypnotherapy Training**  
Training School of the Year APHPEternally Accredited  
Birmingham  
[www.pccph.com](http://www.pccph.com)

**Hypnosis Class**  
Now With A Free Foundation Weekend-Hypnosis Classes  
Call  
[www.visionup.com/hypnosisClasses](http://www.visionup.com/hypnosisClasses)

**Hypnotherapist Training**  
Int. Accredited Practitioner Course/Commences May - East Midlands  
[www.hypnotherapisttrainingham.co.uk](http://www.hypnotherapisttrainingham.co.uk)

<b>Home</b> <a href="#">Home</a> <a href="#">Contact us</a> <a href="#">Register</a> <a href="#">Topics A-Z</a>	<b>News</b> <a href="#">Doncaster news</a> <a href="#">Business</a> <a href="#">Health</a> <a href="#">Campaigns</a> <a href="#">Yorkshire &amp; Humber news</a> <a href="#">National news</a> <a href="#">Showbiz news</a>	<b>Sport</b> <a href="#">Football</a> <a href="#">Knights</a> <a href="#">Dons</a> <a href="#">Cricket</a> <a href="#">Hockey</a> <a href="#">Bonging</a> <a href="#">Horse Racing</a> <a href="#">Golf</a> <a href="#">Motor Racing</a> <a href="#">National sport</a>	<b>Lifestyle</b> <a href="#">Features</a> <a href="#">Columnists</a> <a href="#">What's On</a> <a href="#">Women</a> <a href="#">Motors</a> <a href="#">Property</a>	<b>Community</b> <a href="#">Readers' letters</a> <a href="#">Nostalgia</a> <a href="#">Announcements</a> <a href="#">Local businesses</a> <a href="#">Offers</a> <a href="#">Competitions</a> <a href="#">Digital Editors</a>	<b>Services &amp; Offers</b> <a href="#">Jobs</a> <a href="#">Motors</a> <a href="#">Property</a> <a href="#">Local Business</a> <a href="#">Family Announcements</a> <a href="#">Special Offers</a> <a href="#">Competitions</a> <a href="#">Buy a Photo</a> <a href="#">Money</a> <a href="#">Shop</a> <a href="#">Dating</a> <a href="#">Save on your energy bills</a> <a href="#">Advertise with us</a>
---	--	---	--	---	--

Contact us | Help | Accessibility | Terms and Conditions All rights reserved © 2011 Johnston Publishing Ltd

**PRESS COMPLAINTS COMMISSION**  
This website and its associated newspaper adheres to the Press Complaints Commission's Code of Practice. If you have a complaint about editorial content which relates to inaccuracy or intrusion, then contact the Editor by clicking here.

If you remain dissatisfied with the response provided then you can contact the PCC by clicking here.